

Variable	Mean	SD	Min	Max
Age	34.5	10.5	20	55
Gender	0.5	0.5	0	1
Marital Status	0.5	0.5	0	1
Education	12.5	1.5	10	15
Income	3500	1500	1000	7000
Health Status	0.5	0.5	0	1
Exercise Frequency	0.5	0.5	0	1
Stress Level	0.5	0.5	0	1
Sleep Quality	0.5	0.5	0	1
Work Satisfaction	0.5	0.5	0	1
Life Satisfaction	0.5	0.5	0	1
Depression Score	0.5	0.5	0	1
Loneliness Score	0.5	0.5	0	1
Self-Esteem Score	0.5	0.5	0	1
Resilience Score	0.5	0.5	0	1
Optimism Score	0.5	0.5	0	1
Gratitude Score	0.5	0.5	0	1
Forgiveness Score	0.5	0.5	0	1
Compassion Score	0.5	0.5	0	1
Kindness Score	0.5	0.5	0	1
Generosity Score	0.5	0.5	0	1
Patience Score	0.5	0.5	0	1
Humility Score	0.5	0.5	0	1
Modesty Score	0.5	0.5	0	1
Meekness Score	0.5	0.5	0	1
Gentleness Score	0.5	0.5	0	1
Mildness Score	0.5	0.5	0	1
Docility Score	0.5	0.5	0	1
Submissiveness Score	0.5	0.5	0	1
Humility Score	0.5	0.5	0	1
Modesty Score	0.5	0.5	0	1
Meekness Score	0.5	0.5	0	1
Gentleness Score	0.5	0.5	0	1
Mildness Score	0.5	0.5	0	1
Docility Score	0.5	0.5	0	1
Submissiveness Score	0.5	0.5	0	1

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